



Training Course:

OPITO INTRODUCTION TO RIGGING AND LIFTING OPERATIONS

The emphasis of this course is on introducing practical skills in the workplace. The course combines classroom-based learning with practical use of rigging and lifting equipment to lift and move loads in our purpose-built rigging facility. Successful Delegates will be awarded industry-recognised certification.

The OPITO Introduction to Rigging and Lifting Operations course is widely recognised as the industry-standard introductory rigging and lifting course. Delegates undertaking and successfully completing the course will be able to demonstrate the knowledge and skills to begin the second stage of their training in the workplace under supervision.

The course is delivered over three days and provides a combination of theory (classroom-based) and practical learning. Delegates will take part in a range of practical lifting operations in our purpose-built rigging and lifting facility in Aberdeen.

- ▶ Relevant legislation
- ▶ Safe systems of work
- ▶ Risk assessment, lift planning and control measures
- ▶ Equipment pre and post use inspection, including certification of equipment
- ▶ Safe and correct use of equipment
- ▶ Equipment identification and selection
- ▶ Rigging principles and terminology
- ▶ Weight identification and estimation
- ▶ Placement of loads
- ▶ Disconnection of lifting equipment
- ▶ Hand signalling and radios
- ▶ Awareness of crane operating principles
- ▶ Awareness of conflicting activities
- ▶ Environmental factors
- ▶ Awareness of manual handling
- ▶ Appreciation of dynamic factors

There are no pre-requisites for Delegates attending this course.

Contact us for further information and course availability.

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